



# Morocco 7SUMMITS Challenge

## Everything You Need To Know



Price Per Person  
€1,499

## OVERVIEW

Embark on the Ultimate Moroccan Mountain Challenge, a once-in-a-lifetime adventure to conquer the seven highest peaks in the Atlas Mountains over seven thrilling days. This extraordinary expedition takes you off the beaten path, immersing you in the heart of Berber culture while traversing some of North Africa's most dramatic landscapes. From picturesque trails and rugged summits to traditional villages and authentic cuisine, this journey captures the essence of Jason Black's signature mountaineering style—an experience rooted in resilience, authenticity, and respect for nature.

The challenge begins with the ascent of **Tassghimout (2,640m)**, followed by progressively higher peaks; **Aguelzim (3,650m)** and **Timesquida (4,089m)**, each offering breathtaking panoramas and rewarding trails. You'll tackle the remote **Ras Ouanoukrim (4,083m)**, the stunning **Imouzzer (4,010m)**, and the lesser-visited **Toubkal West (4,030m)**, culminating in the grand finale at **Mount Toubkal (4,167m)**, the highest peak in North Africa. Each summit provides a unique perspective of the High Atlas, combining technical climbs, dramatic ridgelines, and awe-inspiring views.

This professionally guided, all-inclusive challenge is designed for seasoned hikers with a strong physical and mental foundation. Participants must have prior hiking experience, as this is not suitable for beginners. The itinerary emphasizes smooth, efficient pacing to ensure each climb is both safe and achievable. Throughout the journey, you'll stay in local villages, savor traditional Berber foods, and explore the cultural richness of the region, including visits to bustling markets, medinas, souks, and traditional hammams.

Guided by Jason Black, one of the world's leading high-altitude mountaineers, your safety and experience are paramount. As a leave-no-trace company, this expedition also underscores a deep commitment to preserving the natural beauty of the Atlas Mountains. By embracing teamwork and respecting the environment, this challenge offers an unparalleled opportunity to test your limits while connecting with the vibrant culture and breathtaking wilderness of Morocco.

## TRIP FACTS



## COUNTRY

Morocco



## DURATION

7 days



## GRADE

Strenuous



## MAX ALTITUDE

4165 m  
13665 ft

## DAILY ACTIVITY

Approx  
6-8 hrs

## SEASON

Summer

## DESTINATION MOROCCO

Morocco's rich culture and heritage are beautifully intertwined with the experience of climbing Mount Toubkal. As you ascend North Africa's highest peak, you'll pass through charming rural villages where the timeless traditions of the Berber people come to life. The journey offers a unique glimpse into the local way of life, with opportunities to enjoy traditional music, dance, and home-cooked meals that reflect Morocco's diverse culinary heritage. The vibrant markets of Marrakech, with their winding medinas, provide a stark yet harmonious contrast to the serene and majestic landscapes of the Atlas Mountains, making the Toubkal expedition a culturally enriching adventure.

## REQUIRED EXPERIENCE

Do not take on this challenge unless you are fit and have a reasonable amount of hiking experience, this is not for beginners to hiking and a huge physical & mental resilience combined with a collective team first approach to be successful.

## ESSENTIAL TRIP INFORMATION

- The perfect low cost challenge.
- Seven days Saturday to Saturday.
- This is an all Inclusive challenge package.
- Professionally designed guiding itinerary
- Summit North Africa's 7 highest peaks.
- Explore the Hardy Berbers culture.
- Explore the markets, medina's & souks.
- Experience the tradition of Hammams.

## ROUTE MAP – MOROCCO 7SUMMITS CHALLENGE



## COST INCLUDES

- Private expedition cook team
- Fully supported porter team
- Professionally guided Challenge
- Marrakesh 3\* hotel & breakfast on shared basis
- Welcome meeting and traditional evening meal - Meet the team
- Jason Black Mountaineering's qualified mountain guide
- Cultural atlas mountains experience
- Marrakesh Jeema el Fna art and crafts experience
- On the mountain: Breakfasts - Lunches - Dinners
- Airport and all transport between destinations and to/from including activities.

## ADDITIONAL SERVICES

- Single room **€80** per night
- Double room **€100** per night
- Hotel upgrade to a 5\* hotel **€200** pp per night <https://www.riadkheirredine.com/>
- Sunrise Hot Air Balloon over Marrakesh - **€175** pp
- Marrakesh Hammam (Turkish bath) experience **€35** pp
- Private JBM guide for any extra non itinerary cultural day you require is **€100** in total for the group.
- Airport Transfer outside of the Itinerary will require an additional cost of **€70**

## MEDICAL AND HEALTH INFORMATION

All travellers need to be in good physical health in order to participate fully on this trip. For the safety and wellbeing of yourself and others, if you are unwell prior to travelling, please stay at home and contact us to make alternative arrangements.

When selecting your trip please make sure you have read through the itinerary carefully and assess your ability to manage and enjoy our style of travel. Please note that if in the assessment of our group leader or local representative a traveller is unable to complete the itinerary without undue risk to themselves and/or the rest of the group, we reserve the right to exclude them from all or part of a trip without refund.

You should consult your doctor for up-to-date medical travel information or for any necessary vaccinations before departure. We recommend that you carry a first aid kit as well as any personal medical requirements in their original packaging as they may not easily be obtained while travelling. If you are carrying medication, ensure you check your government's foreign travel advice for any local restrictions or requirements.

## TRAVEL INSURANCE (MANDATORY)

Participants must carry travel insurance that covers hillwalking/scrambling (non-technical) up to 4,200 m in Morocco, including trip interruption and medical cover. Bring your policy details in the event required. We recommend <https://www.truetraveller.com/>

# ITINERARY

Please note that while the itinerary is flexible we do have to stick to a plan because of transport arrangement and lodge bookings. Please contact us for any additional trip-specific's should you want to add optional extras to your adventure.

Days	Itinerary
Day 1	<b>Arrival in Marrakech</b> Arrival & check gear. Overnight: Traditional Riad Omar in the heart of the Marrakesh.
Day 2	<b>Acclimatisation Mt Tassghimout 2,640m</b> <ul style="list-style-type: none"> <li>• <b>Drive:</b> 1.5–2 hours to Imlil.</li> <li>• <b>Trek:</b> ~5 hours.</li> <li>• <b>Ascent:</b> +900m / <b>Descent:</b> -390m.</li> <li>• <b>Route:</b> <ul style="list-style-type: none"> <li>◦ Start from Imlil</li> <li>◦ Acclimatisation hike up <b>Mt Tassghimout (2,640m)</b></li> <li>◦ Descend to <b>Azib Tamsoult (2,250m)</b> for the night.</li> </ul> </li> <li>• <b>Overnight:</b> Expedition base camp</li> </ul>
Day 3	<b>Aguelzim Summit (3,650m)</b> <ul style="list-style-type: none"> <li>• <b>Trek:</b> ~ 7 hours.</li> <li>• <b>Ascent:</b> +1,400m / Descent: -400m.</li> <li>• <b>Route:</b> <ul style="list-style-type: none"> <li>◦ Steep climb to Mt Aguelzim (3,650m) for panoramic views.</li> <li>◦ Descend the far side to reach camp.</li> </ul> </li> <li>• <b>Overnight:</b> Expedition base camp.</li> </ul>
Day 4	<b>Mt Imouzar 4,010m</b> <ul style="list-style-type: none"> <li>• <b>Trek:</b> ~ 8 hours.</li> <li>• <b>Ascent:</b> +850m / <b>Descent:</b> -850m.</li> <li>• <b>Route:</b> <ul style="list-style-type: none"> <li>◦ Climb to <b>Mt Imouzar (4,010m)</b> via technical ridgelines.</li> </ul> </li> <li>• <b>Overnight:</b> Expedition base camp.</li> </ul>
Day 5	<b>Akioud 4,030m</b> <ul style="list-style-type: none"> <li>• <b>Trek:</b> ~8 hours.</li> <li>• <b>Ascent:</b> +900m / Descent: -900m.</li> <li>• <b>Route:</b> <ul style="list-style-type: none"> <li>◦ Technical climb to Mt Akioud (Akka n'Ouanoukrim, 4,030m).</li> <li>◦ Scramble sections and steep ridgelines before returning to base.</li> </ul> </li> <li>• <b>Overnight:</b> Expedition base camp.</li> </ul>

Days	Itinerary
Day 6	<p><b>Timzguida 4,089m – Ras n Ouanoukrim 4,083m</b></p> <ul style="list-style-type: none"> <li>• <b>Trek:</b> ~ 8 –10 hours.</li> <li>• <b>Ascent:</b> +1,050m / Descent: –1,050m.</li> <li>• <b>Route:</b> <ul style="list-style-type: none"> <li>◦ Summit Mt Timzguida (4,089m) and Ras n Ouanoukrim (4,083m)</li> </ul> </li> <li>• <b>Overnight:</b> Expedition base camp.</li> </ul>
Day 7	<p><b>Toubkal Main 4,167m</b></p> <ul style="list-style-type: none"> <li>• <b>Trek:</b> 8–9 hours.</li> <li>• <b>Ascent:</b> +1,100m / Descent: –2,200m.</li> <li>• <b>Route:</b> <ul style="list-style-type: none"> <li>◦ Early alpine start to summit Toubkal Main (4,167m), the highest peak in North Africa.</li> </ul> </li> <li>• <b>Overnight:</b> Expedition base camp.</li> <li>• <b>Jason Black Mountaineering celebration dinner</b>, with medals &amp; certificates.</li> </ul> <p>This is the <b>ultimate peak-bagging adventure!</b></p>
Day 8	<b>Depart Home transfer to airport.</b>

# PACKING LIST

## Bags & Daypack

- 80-90L Waterproof soft Duffle Bag (carried by mules).
- 25-30 litres Day-pack.

## Clothing

- 3x Underwear
- 2x Short Sleeve
- 1x Long Sleeve Trekking Shirts.
- 1x Fleece.
- 1x Hiking Shorts
- 1x Hiking Trousers.
- 600 weight filled Insulated puff Jacket.
- 1x Waterproof Shell Jacket
- 1x Waterproof Shell Trousers.

## Headwear

- Sun Hat, ideally with a neck cover.
- Woollen hat
- Sunglasses.
- Head torch.

## Hands

- 1x Fleece gloves or Mitts.

## Footwear

- 3x Trekking socks.
- 1x Hiking boots.
- 1x Trail runners
- Refuge Shoes - crocs or sandals.

## Sleeping

- 3 Season Sleeping Bag-optional.
- Blankets are provided by the lodges - therefore sleep bags are not needed.

## Eating/Drinking

### *Summit Night*

- 4x Energy Bars.
- Hydration tabs
- 2x 1 litre drink bottle

## Electrical

- Power Bank
- Plugs are available in the Refuge for charging but in high demand.
- Camera, Music, Kindle etc.
- Spare Batteries and Camera Memory Card.
- Charging cables

## Other

- Trekking poles
- Ear plugs
- Sun cream and lip Balm.
- Toiletries, including one roll of toilet paper.
- Trekking Towel.
- Small Lock for your Duffle Bag.
- Antibacterial hand gel.

## Personal Medicines

- Paracetamol (Headache)
  - Ibuprofen (Joint pain)
  - Course of Antibiotics (ears throat Chest)
  - Antiseptic Wipes
  - Adhesive Plasters
  - Blister Packs (Compeed)
  - Insect Repellent
- Personal first aid kit

# TRAINING PLAN

Here is our suggested 12 week training program to climb Morocco 7 Summits Challenge:

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday / Sunday
<b>1</b>	Run 30 min Zone 2	Strength Training	Hill repeats: 6 x 100mts	Long walk 1 hr	Run/bike 30 min HITT 10 x 1min each Zone 4 - 1min Zone 2 - 1min	Trekking on the mountains
<b>2</b>	Run 30 min Zone 2	Strength Training	Hill repeats: 6 x 100mts	Long walk 1 hr	Run/bike 30 min HITT 10 x 1min each Zone 4 - 1min Zone 2 - 1min	Trekking on the mountains
<b>3</b>	Run 30 min Zone 2	Strength Training	Hill repeats: 7 x 150mts	Long walk 1 hr	Run/bike 30 min HITT 10 x 1min each Zone 4 - 1min Zone 2 - 1min	Trekking on the mountains
<b>4</b>	Run 35 min Zone 2	Strength Training	Hill repeats: 7 x 200mts	Long walk 1 hr	Run/bike 30 min HITT 10 x 1min each Zone 4 - 1min Zone 2 - 1min	Trekking on the mountains
<b>5</b>	Run 35 min Zone 2	Strength Training	Hill repeats: 8 x 150mts	Long walk 1 hr	Run/bike 30 min HITT 12 x 1min each Zone 4 - 1min Zone 2 - 1min	Trekking on the mountains
<b>6</b>	Run 40 min Zone 2	Strength Training	Hill repeats: 8 x 200mts	Long walk 1 hr	Run/bike 30 min HITT 12 x 1min each Zone 4 - 1min Zone 2 - 1min	Trekking on the mountains
<b>7</b>	Run 40 min Zone 2	Strength Training	Hill repeats: 10 x 200mts	Long walk 1 hr	Run/bike 30 min HITT 12 x 1min each Zone 4 - 90 sec Zone 2 - 1min	Trekking on the mountains
<b>8</b>	Run 40 min Zone 2	Strength Training	Speed on flat 4 times 400 mts 2 times 800 mts	Long walk 1 hr	Run/bike 30 min HITT 12 x 1min each Zone 4 - 90 sec Zone 2 - 1min	Trekking on the mountains
<b>9</b>	Run 40 min Zone 2	Strength Training	Speed on flat 4 times 400 mts 2 times 800 mts	Long walk 1 hr	Run/bike 30 min HITT 12 x 1min each Zone 4 - 90 sec Zone 2 - 1min	Trekking on the mountains
<b>10</b>	Run 45 min Zone 2	Strength Training	Speed on flat 4 times 400 mts 2 times 800 mts	Long walk 1 hr	Run/bike 30 min HITT 12 x 1min each Zone 4 - 90 sec Zone 2 - 1min	Trekking on the mountains
<b>11</b>	Run 45 min Zone 2	Strength Training	Speed on flat 4 times 400 mts 2 times 800 mts	Long walk 1 hr	Run/bike 30 min HITT 12 x 1min each Zone 4 - 90 sec Zone 2 - 1min	Trekking on the mountains
<b>12</b>	Run 45 min Zone 2	Strength Training	Speed on flat 4 times 400 mts 2 times 800 mts	Long walk 1 hr	Run/bike 30 min HITT 12 x 1min each Zone 4 - 90 sec Zone 2 - 1min	Trekking on the mountains

**Every training season must include 15min warm up and 15 to 20 min of cool down after training.**

# PASSPORTS, VISAS ENTRY REQUIREMENTS

## PASSPORT

You'll need a valid passport to travel internationally and most countries require your passport to have a minimum of 6 months validity, so remember to check the expiry date.

We need your passport information to get everything ready for your trip so it's important that the information on your booking matches your passport exactly. Please take care to provide the correct details. We recommend carrying a copy of the photo page of your passport while travelling and leaving a copy at home with family or friends.

## VISAS & ENTRY REQUIREMENTS

Available on arrival - you require a valid passport with a minimum 6 months validity. contact your local embassy, or consulate for the most up-to-date visa requirements.

## FLIGHTS

Book your flights now - arrive / depart Marrakesh airport for the for the advertised dates. If you'd like to arrive earlier or staying later just let us know and I can book extra nights.

It is your responsibility to be on time for the climb. You will be picked at airport arrivals by your expedition leader and transported to your accommodation, Don't panic he will see you before you see him, just look out for the Jason black mountaineering sign.

Airport Transfer outside of the Itinerary will require an additional cost of €70

## ARRIVAL COMPLICATIONS

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact us immediately at [jason@jasonblack.ie](mailto:jason@jasonblack.ie)

## MEETING POINT INSTRUCTIONS

JBM will arrange your arrival transfer from the airport. Please advise your fight arrival details at least 14 days prior to your departure.

For your confirmed arrival transfer, you'll be met outside Marrakech Airport (by a transfer representative holding a Jason Black Mountaineering sign.) In case of flight cancellations, changes, if you experience severe delays at immigration, baggage collection or customs, or if you are not able to reach the driver, please contact us directly) by email on [jason@jasonblack.ie](mailto:jason@jasonblack.ie)

Alternatively, if something goes drastically wrong you can take a taxi from the airport to your hotel. The price should be agreed before entering the vehicle and should be approximately MAD250 during daylight hours and MAD700 at night.

## ACCOMMODATION

### Our Basic Marrakesh Accommodation

Hotel Raid Omar

Address: 22, Rue Bab Agnaou, passage du prince moulay Rachid Medina., Rue Bab Agnaou, Marrakech 40000, Morocco

Phone: +212 5244-45660

### Our 5 Star Marrakesh Accommodation

Hotel Riadheirredine

Address: 2, Derb Chellgui, Sidi Ben Slimane,, Marrakesh 40000, Morocco

Phone: +212 5243-86364

### ACCOMMODATION NOTES

- Mountain village accommodation 2 night
- Mountain refuge 1 nights

The style of accommodation indicated in the day-to-day itinerary is a guideline only and may change. On some occasions, alternative arrangements may need to be made due to the lack of availability of rooms in our preferred accommodation. In these cases, we will use a similar standard of accommodation.

Throughout the trip, we request that our properties prepare rooms in time for our arrival, especially if we're arriving prior to normal check-in time. however, this isn't always possible which means we wont be able to check-in immediately on arrival at some hotels. Instead, we can store our luggage and explore our new destination on our trips or have the use of a shared day room until all rooms are available.

We've sourced our accommodation very carefully and picked the best possible hotels in line with the Jason black mountaineering style of travel, but please note that service and accommodation in Morocco may be different to western standards.

Accommodation on this trip is on a share basis. Please note there may be times where facilities will be shared rather than en suite even if you paid for single room supplement.

Accommodation in base camp is simple but clean and atmospheric. you will be sharing a room with fellow trekkers and bedding is similar to a large bunk bed platforms, however, it is spacious and comfortable. Dining rooms and other facilities are also shared with other climbers.

Mountain huts on this trip have very limited heating options as this would be a major financial and environmental strain. It maybe also a case of energy supply and timing provisions, which is limited in some places. Please be prepared for cold nights and cold showers.

## FOOD AND DIETARY REQUIREMENTS

While travelling with us you'll experience the vast array of wonderful food available in the world. Our expedition guide will be able to suggest restaurants to try during your trip. We encourage our teams to eat together to enable you to taste a larger variety of dishes and enjoy each others company. If you have dietary requirements and or food allergies, please let us know prior to departure.

Moroccan food is, generally speaking, excellent though not particularly varied. breakfasts usually consist of bread and ham with coffee or tea. Meals eaten out are reasonably priced – kebab and bread cost only about MAD 70 (€6.50). In main towns, it is possible to and very good French and Moroccan restaurants where a meal and French wine will cost anything from MAD 220 upwards.

Generally, dinner is likely to cost between MAD 80-120 depending on what you drink – so an estimate for food would be about MAD 150–200 a day. Soft drinks are available at very reasonable prices, but generally speaking, alcohol is not widely available in Morocco due for cultural and religious reasons. Still, in some hotels and restaurants, you will be able to purchase beer, wine and spirits, but you will pay foreign prices or more for imported alcohol. Please be aware of local laws, beliefs and traditions, and be very sensitive and respectful while consuming alcohol.

Vegetarians can be catered for but there is a fairly limited choice of vegetarian couscous and tagine or omelettes. This is particularly the case in rural parts of this itinerary. Please note that if you have any special dietary requirements you should inform us prior to the trip. Vegans and those on gluten-free diets may find this region very challenging and may need to supplement meals with their own supplies from supermarkets and markets.

### MEALS INCLUDED ON THE TREK

Breakfast – Lunch – Dinner

Due to the remote nature of the accommodation there may be times when special dietary requirements may be very difficult.

May be best just to bring something you really love to bridge the nutritional gaps.

## HYGIENE

Poor personal hygiene resulting in gastroenteritis (Delhi Belly) is the most common cause of illness on expeditions. The good news is that it is easily avoided if you remember to always wash your hands and apply hand sanitiser after going to the toilet and before touching food. Always use water fit for drinking to brush your teeth. While using showers or washing your face, try not to ingest any water. We recommend people eat as healthily as possible and take a multivitamin supplement and probiotics for one month prior to departure and during the expedition. This will help you adjust to changes in your diet and keep you healthy throughout the expedition.

# TREKKING AT HIGH ALTITUDES

## OVERVIEW

Our treks include strenuous activities at altitudes over 2500m and are suitable only for those in excellent health and fitness. With over 30 years of experience, we maintain a strong safety record. Proper training and preparation is crucial.

## ALTITUDE SICKNESS (AMS)

Trekking above 2500m poses a risk of Acute Mountain Sickness (AMS), which can be life-threatening if untreated. Common symptoms include:

- Sleeplessness
- Loss of appetite
- Vivid dreams (2500-3800m)
- Shortness of breath
- Periodic breathing
- Blocked nose, dry cough, mild headache

If you experience nausea, dizziness, or other severe symptoms, inform your group leader immediately. Pre-existing conditions or medications may affect your ability to acclimatize. Consult your doctor before booking and discuss the use of Diamox for Acclimatisation.

## SAFETY MEASURES

Our trips adhere to strict altitude safety measures, and our leaders are trained in First Aid. Descent will be arranged if continuing is deemed unsafe. Be aware that some ascents may exceed recommended rates, but our safety protocols ensure acceptable risks.

## MEDICAL AND INSURANCE

Ensure your travel insurance covers high altitudes and helicopter evacuation. Carry proof of insurance for verification by your group leader.

# WHAT DO I CARRY DAILY ON THE TREK

A 20 litre day pack is perfect to carry daily.

Each day will be a little bit different as to what goes inside it. Water bottles, rain gear, a few spare clothes, gloves and hat, sunscreen, snacks and camera equipment are all usual things to carry. The weight of your day pack should not be more than about 5-6 kgs; as you go higher, the weight will seem heavier and harder to carry. Trekking poles are also useful but you don't need to use them all the time.

Meanwhile your 15kg main duffle bag will be collected each morning outside your lodgings door and carried by the porters.

## SAFETY

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your governments advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while trekking. A lock is recommended for securing your luggage. When on expedition in a group trip, please note that our Jason Black Mountaineering guide has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Our guide will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your guide will assist you with options available in a given location please note that any optional activities you undertake that are not part of your itinerary, we will not take any responsibility about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on the trip are generally safe during the day, there can be risks to wandering throughout any major cities at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night-time excursions.

### GENERAL SAFETY

Check your government's travel advice before departure and ensure your travel insurance covers all destinations and activities. Use a neck wallet or money belt for valuables, and leave jewelry at home. Many hotels offer safety deposit boxes. Secure your luggage with a lock.

### GROUP ACTIVITIES

Your group leader will accompany you on included activities, but you'll have free time for personal pursuits. Optional activities are not part of the itinerary, so use good judgment when selecting them. The group leader can amend or cancel parts of the trip for safety reasons.

### RULES

Illegal drugs will not be tolerated on any Jason Black Mountaineering trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking Marijuana and opium is a part of local culture in some parts of the world but is not acceptable on our expeditions. Our philosophy in adventure is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our guides have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

### PETTY THEFT AND CRIME

Pickpocketing is common, especially in tourist areas. Be cautious at night, avoid walking alone, and don't carry large sums of cash. Use hotel safes for valuables. Bars and restaurants close at midnight. Increased police presence aims to reduce crime in tourist districts. Contact police if affected by crime.

## GROUP GUIDE

All group trips are accompanied by one of our Jason black mountaineering group guide(s). The aim of the group guide is to take the hassle out of your travels and to help you have the best trip possible. Jason Black Mountaineering endeavours to provide the services of an experienced group guide however, due to the seasonality of travel, rare situations may arise where your group guide is new to a particular region or training other group guides.

Your group guide will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the places visited on the trip, including historical, cultural, religious, and social aspects. At Jason Black Mountaineering we aim to support guides who have specialised knowledge of the regions we visit. If you are interested in delving deeper into the local culture at a specific site or location then your group guide can recommend a local guide service in most of the main destinations of your trip.

## GROUP Size (0-10)

We keep our group sizes small to make the experience personal not commercial.

## COMMUNITY GUIDELINES

At Jason Black Mountaineering, we uphold a zero-tolerance policy towards violence, harassment (physical, verbal, or sexual), and disrespect towards fellow travelers, team members, or local communities. Group leader decisions are final for the wellbeing of all participants. Any behavior that disrupts the itinerary, breaks local laws, or violates these guidelines may lead to the denial of your booking or removal from the trip. For any concerns during your travels, contact your group leader immediately or email [Jason@jasonblack.ie](mailto:Jason@jasonblack.ie).

## TRAVELLING ON A GROUP TRIP

Group trips offer unique pleasures and potential frustrations. Your group will likely be diverse in nationality and age. We ask for patience and understanding towards the varying needs and preferences of your fellow travelers. Timeliness and respect for group dynamics contribute significantly to a positive travel experience. Due to privacy reasons, we cannot provide contact details or personal information about fellow travelers before departure.

## SOLO TRAVELLERS

Our travel style is ideal for solo travellers looking to meet like-minded people. Rooming is typically on a twin-share basis, pairing solo travellers with someone of the same gender as indicated on their passport. If your gender identity differs from your passport, please contact us to discuss rooming options. Single supplements are available on most trips for those who prefer their own room with an additional single supplement. Please advise us during booking.

## MONEY MATTERS

The currency of Morocco is the dirham MAD (100 MAD is €10).

ATMs are widely available in all major towns and cities. Credit cards are useful for large purchases such as carpets or ceramics from large stores, but generally they are not widely accepted. Please ensure you only use banks, licensed money exchangers, or hotels. We also suggest you keep your receipts. Do not change money with street touts as this is illegal.

Changing money is easy and you will find banks and exchange bureaus in large cities. In the desert and Atlas Mountains opportunities to withdraw or exchange money are limited.

When it comes to spending money on the trip, every traveller is a little different.

You know your own spending habits better than we do, so please budget an appropriate amount for things like optional meals, drinks, shopping, optional activities, and laundry. Make sure you have read the itinerary and inclusions thoroughly so you know what is included in the trip price and what you may need to pay for while travelling.

## TIPPING

Tipping can be an appropriate way to recognise great service when travelling. While it may not be customary in your home country, it is an entrenched feature of the tourism industry across many of our destinations and is greatly appreciated by the people who take care of you during your travels. It is always best to avoid tipping with coins, very small denomination notes, or dirty and ripped notes, as this can be regarded as an insult rather than the goodwill gesture it is intended to be.

Please note at the end of the hike that you will be required to give €100pp or 1000dm to your guide who will then distribute this to the cooks, porters & drivers.

Of course, you are free to tip more as you see fit, depending on your perception of service and quality of your trip.

### Key Tips

- Carry sufficient cash outside main cities.
- Use new, clean currency notes.
- Prepare enough small denomination currency for treks.
- Exchange leftover currency before leaving Marrakesh.
- Budget for optional expenses and have contingency funds.
- Tip appropriately for good service.

## ITINERARY DISCLAIMER

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our Journey will take us. Due to our style of adventure and the regions we visit, adventure can be unpredictable. The expedition document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered.

## CANCELLATIONS

Deposits are non-refundable and cancellation terms vary, please see the specific booking conditions. If Jason Black Mountaineering cancel the trip you will receive a full refund including the deposit payment.

## FORCE MAJEURE EVENT – OUTSIDE FORCE

We try to plan for every eventuality, but there are still some things beyond our control. We reserve the right to change an itinerary after departure due to local circumstances or a Force Majeure event. In such emergency circumstances, the additional cost of any necessary itinerary alterations will be covered by you. Please note we are not responsible for any incidental expenses that may be incurred as a result of the change of itineraries including but not limited to visas, vaccinations or non-refundable nights. Make sure you have access to an extra **€300-500** for emergencies e.g. severe weather, natural disasters, civil unrest, transport strikes or cancellations, airport closures or other events that result in unavoidable changes to the itinerary.

Sometimes these things necessitate last-minute changes to enable our trips to continue to run, and as a result, there may be some extra costs involved, but we will do everything to avoid this happening.

Jason Black Mountaineering will have your departure transfer to the airport arranged. Please advise your flight arrival details at least 14 days prior to the start of your trip.

If you have a confirmed departure transfer your leader will advise your pick up time the day before your trip ends. If our driver has not arrived within 70 minutes of the scheduled pick up time, or your departing flight is cancelled or changed, please contact your guide or us directly by email on [jason@jasonblack.ie](mailto:jason@jasonblack.ie)

However again in the event of something been badly wrong get a taxi - Taxi fare from your hotel to the airport will cost approximately MAD100 – MAD200 to prebook. If hailing a taxi on the street, the price should be agreed before entering the vehicle. Please ask your leader or hotel staff for assistance in arranging a taxi.

## BOOKING & DEPOSITS

Our deposits are low with a percentage refund time policy to protect both parties. We are very flexible with final payment dates on a case by case basis (if required please contact us).

We want to reassure clients that any money which is paid to the company for a trip is kept in a client account and not touched until the trip is due to depart.

Cancellation of bookings must be notified to us by letter or email by the party leader as soon as possible. You're notice of cancellation will only be effective when it is received in writing by us.

Except as set out in paragraph 8 below, the following cancellation charges will be payable.

For more information about our refund terms, please visit [this link](#)

## WHY JASON BLACK MOUNTAINEERING?

**Jason Black Mountaineering** is a boutique mountain guide service specialising in leading expeditions to climb the world's most famous peaks, notably "Mount Everest", "Amadablam" and all the worlds "Seven Summits".

As a part of our guided climbs, Jason Black Mountaineering provides the education and training for climbers who aspire to become self-sufficient, aware, and respectful of the local mountain culture, carers of the environment, and for whom safety is the number one priority in all climbing endeavours.

Our safety standard, mountain knowledge and adventure travel experience is exceptional. Our small group approach has huge advantages, including better guide to client ratio, reduced environmental impact and stronger team dynamic.

## MORE INFORMATION

For trekking dates, and all the latest information about this expedition please visit:

[Morocco 7Summits Page](#)

## FOLLOW US

