

MT. Toubkal

Everything You Need To Know

OVERVIEW

Discover the wild spirit of Morocco on an unforgettable **5-day expedition** through the **High Atlas Mountains**. A journey built for those who crave challenge, culture, and authentic mountain adventure. Standing at **4,167 metres**, **Mount Toubkal** is North Africa's highest peak and offers an accessible yet rewarding climb suitable for all levels of hikers. Led by world-class expedition leader, **Jason Black**, delivers small, purpose-built teams and expert acclimatisation strategies that have earned a record summit success rate on this iconic Moroccan mountain.

The trek winds through deep valleys, crosses lofty mountain passes, and explores hidden **Berber hamlets** where time moves with the rhythm of the land. Our route through the **Mizane Valley** weaves through untouched terrain, revealing sweeping panoramas and rugged ridgelines at every turn. Though non-technical, the climb demands grit, focus, and a passion for the mountains, with 6-8 hours of daily trekking building toward the summit push. Along the way, experience the warmth of authentic **Berber** hospitality, shared mint tea, laughter, and mountain life in its purest form.

After conquering North Africa's rooftop, **Marrakech** awaits. A city alive with colour, spice, and sound. The hum of the souks, the glow of the evening call to prayer, and the vibrant energy of Morocco's cultural heart provide the perfect ending to this transformative mountain journey. This is more than a trek, it's an expedition of altitude and attitude, where the mountains reveal both Morocco and yourself, combining precision planning, cultural immersion, and the thrill of standing atop **North Africa's highest point**.



TRIP FACTS



COUNTRY

Morocco



DURATION

5 days



GRADE

Moderate



MAX ALTITUDE

4165 m

13665 ft



DAILY ACTIVITY

Approx

6-8 hrs



SEASON

Summer

DESTINATION MOROCCO

Morocco's rich culture and heritage are beautifully intertwined with the experience of climbing Mount Toubkal. As you ascend North Africa's highest peak, you'll pass through charming rural villages where the timeless traditions of the Berber people come to life. The journey offers a unique glimpse into the local way of life, with opportunities to enjoy traditional music, dance, and home-cooked meals that reflect Morocco's diverse culinary heritage. The vibrant markets of Marrakesh, with their winding medinas, provide a stark yet harmonious contrast to the serene and majestic landscapes of the Atlas Mountains, making the Toubkal expedition a culturally enriching adventure.

REQUIRED EXPERIENCE

To embark on the Mt Toubkal expedition, participants should possess a reasonable level of fitness, however the climb is suitable for individuals without prior experience.

ESSENTIAL TRIP INFORMATION

- Climb North Africa's highest peak (4165m)
- Explore the Imperial city of Marrakesh
- Discover the homelands of the hardy Berbers
- Explore the Atlas Mountain – Trek to the very peak of the iconic mountain range, being rewarded with unforgettable vistas at every turn.
- Experience Berber hospitality – Stay in village homes and fuel up on tasty and traditional home cooked meals.
- Dive into the beating heart of Morocco – Marrakesh – and explore the bustling Medina's souks.
- Explore the high Atlas Mountains and summit Mount Toubkal
- Get to know bustling Marrakesh with its lively markets and historic Medina
- Walk through fertile valleys and scenic villages, experience warm Berber hospitality

ROUTE MAP – MT. TOUBKAL



COST INCLUDES

- Mount Toubkal Trek guided hike to the summit Mt Toubkal
- Marrakesh Riad hotel & breakfast
- Accommodation B&B on shared based
- Welcome meeting – Meet our guide team
- Jason Black Mountaineering's qualified mountain guides
- Visit the shrine of Sidi Chamharouch
- Cultural atlas mountains experience
- Waterfall swims
- Marrakesh Jeema el Fna art and crafts experience
- On the mountain: Breakfasts – Lunches – Dinners
- Airport and all transport between destinations and to/from including activities.

ADDITIONAL SERVICES

- Single room €80 per night
- Double room €100 per night
- Sunrise Hot Air Balloon over Marrakesh – €175 pp
- Marrakesh Hammam (Turkish bath) experience €35 pp
- Private JBM guide for any extra non itinerary cultural day you require is €100 in total for the group.
- Airport Transfer outside of the Itinerary will require an additional cost of €70
- Guide tip €50

MEDICAL AND HEALTH INFORMATION

All travellers need to be in good physical health in order to participate fully on this trip. For the safety and wellbeing of yourself and others, if you are unwell prior to travelling, please stay at home and contact us to make alternative arrangements.

When selecting your trip please make sure you have read through the itinerary carefully and assess your ability to manage and enjoy our style of travel. Please note that if in the assessment of our group leader or local representative a traveller is unable to complete the itinerary without undue risk to themselves and/or the rest of the group, we reserve the right to exclude them from all or part of a trip without refund.

You should consult your doctor for up-to-date medical travel information or for any necessary vaccinations before departure. We recommend that you carry a first aid kit as well as any personal medical requirements in their original packaging as they may not easily be obtained while travelling. If you are carrying medication, ensure you check your government's foreign travel advice for any local restrictions or requirements.

TRAVEL INSURANCE (MANDATORY)

Participants must carry travel insurance that covers hillwalking/scrambling (non-technical) up to 4,200 m in Morocco, including trip interruption and medical cover. Bring your policy details in the event as required.

We recommend [True Traveler](#)

ITINERARY

Please note that while the itinerary is flexible we do have to stick to a plan because of transport arrangement and lodge bookings. Please contact us for any additional trip-specific's should you want to add optional extras to your adventure.

Days	Itinerary
Day 1	<p>Arrival day into Marrakesh</p> <p>Our trip of Morocco starts in the Red City. With its dusty rooftops, maze-like streets and bustling souks, Marrakesh encompasses the essence of Morocco. There are no activities planned for today, so you're free to arrive at any time. Jason Black mountaineering will pick you up at the Marrakesh Menara Airport (RAK), which is around a 20 - minute drive from our hotel.</p> <p>You're free to explore Marrakesh – the medinas and people watch, sip mint tea and sample local delights in Jemaa el-Fna the main square or visit the Jardin Majorelle, all just a short walk from our hotel. Alternatively, you might like to relax in the hotel before the expedition begins. Your Jason Black expedition leader will meet you in the hotel reception at 6 pm for a welcome meeting and traditional team dinner.</p> <p>If you arrive later, meet us as soon as possible.</p>
Day 2	<p>Drive to Imlil and trek to our Toubkal camp</p> <p>Leaving the city behind, today we'll drive south towards the craggy peaks and plunging valleys of the Toubkal Massif. Crossing the Haouz Plain, we'll pass through the small town of Asni, from where the road begins to climb towards the foothills of the Massif. Below us, the valley of the Oued Rhirhaia stretches out into the distance and small villages cling to the sides of the steep hills. We'll meander our way to the village of Imlil (1,740 metre/5707 feet), where our adventure on foot begins. We'll leave our vehicle and join our mountain guide to begin our trek, heading along the Mizane Valley. First, we'll make our way towards the village of Aremd (1,900 metre/ 6230 feet) and the shrine of Sidi Chamarouch. The largest village in the valley, Aremd is a charming patchwork of farms, gites and pathways and is home to the local Berber community who've spent generations producing corn, potatoes, and walnuts on the land. Continuing across the flood plain, our route takes us along mule tracks and up into the rocky cliffs above the valley.</p> <p>Crossing the river, we'll come to the pastoral shrine of Sidi Chamarouch, which attracts tourists and Muslims alike (although only Muslims are allowed to cross the stone bridge to visit the marabout shrine itself). The village sits beside a tranquil waterfall and is a jumble of clustered mountainside houses and pathways. From here, we'll continue our trail, climbing steadily up to our accommodation (3206 metre/10520 feet). Tonight, we stay at the base of Toubkal at the Toubkal refuge with spectacular views down to the valley. Today's walk covers 11 kilometres/6.8 miles and is graded as challenging. It has a total ascent of 1,460 metres/4790 feet. We expect it to take around 6-7 hours.</p>
Day 3	<p>Trek to the summit of Jebel Toubkal</p> <p>Setting off early, this morning we'll make our way to the summit of Jebel Toubkal (4,167 metre/13670 feet). Our route takes us up the south cirque, a steep climb across scree and rock that will lead us to the Tizi n'Toubkal saddle (3,975 metre/13040 feet), just a short walk from the summit. The going is tough up here and we'll negotiate scree fields and carpets of boulders – the altitude will also get harder to handle but the views make it all worthwhile. On a clear day, the panorama takes in the Marrakesh Plain and the High Atlas Mountains and stretches as far south as the Sahara. Once we've marvelled at the view, we'll retrace our steps back down the mountain and towards Aremd (1,900 metre/6240 feet), our home for tonight. We'll rest up in a traditional Berber village house with twin and triple rooms, shared facilities, and a communal area for eating. Today's walk covers 17 kilometres/10.5 miles and is graded as challenging. It has a total ascent of 960 metres/3150 feet and descent of 2,217 metres/7270 feet. We expect it to take around 10 to 11 hours. I would strongly advise for the long day that you to take personal snacks for your summit push and that you enjoy.</p>

ITINERARY

Days	Itinerary
Day 4	<p>Trek to Imlil and drive back to Marrakesh</p> <p>Today, we'll retrace our steps back to Imlil (1,740 metre/5707 feet) and from there, we'll drive back to Marrakesh. But before we leave we will explore the souks, stopping by the Koutoubia Mosque and tower, with a local guide and getting lost in the tranquillity of Gueliz (the modern, French-built city) and the Medina (the old city). Today's walk covers one and a half kilometres. It has a total descent of 210 metres/690 feet. We expect it to take around 45 minutes, so it's a great recovery day.</p> <p>Once back after a 1hr 30min back to Marrakesh we'll have free time to explore the Red City and take in the pandemonium of Jemaa El Fna (the main square) or deep dive into the spice-scented souks picking up souvenirs to end the trip.</p> <p>That evening to bring the expedition to an end we round off the trip with the most amazing celebration dinner dancing and drinks, filled with real Moroccan flavours and flamboyancy.</p>
Day 5	<p>Depart for home</p> <p>Our guide will pick you up at the hotel/Raid and transport you to the airport for your onward flight home.</p>

WHAT YOU CAN DO AFTER THE TREK

Private guided tour into the real culture of Morocco

- (Am) Real Authentic Moroccan Hammam Experience **€35**
- (Pm) Hire our local guide and get a real insight into the pure culture of Morocco
 - **€50** for a single/couple
 - **€100** group total price

Hot Air Ballon ride over Marrakesh **€175**

You will be picked up at your hotel at 5am and transported to the Balloon adventure site (1hr drive) where you will have the most amazing breakfast before your flight. Once the flight is finished you will be transported back at the hotel in Marrakesh by 12noon.

Included :

- Transport from your accommodation
- Refreshments on arrival at the launch.
- Safety briefing by your pilot.
- Watch the balloon preparation and inflation.
- Flight for about 60 minutes subject to weather conditions . • Breakfast will be served after the flight in our Moroccan traditional way.
- Flight certificate signed by pilot in command.
- Dropped back to your accommodation.
- Or dropped to the hotel to meet our airport transport to your late afternoon or evening flight departure.

PACKING LIST

Bags & Daypack

- 80-90L Waterproof soft Duffle Bag (carried by mules).
- 25-30 litres Day-pack.

Clothing

- 3x Underwear
- 2x Short Sleeve
- 1x Long Sleeve Trekking Shirts.
- 1x Fleece.
- 1x Hiking Shorts
- 1x Hiking Trousers.
- 600 weight filled Insulated puff Jacket.
- 1x Waterproof Shell Jacket
- 1x Waterproof Shell Trousers.

Headwear

- Sun Hat, ideally with a neck cover.
- Woollen hat
- Sunglasses.
- Head torch.

Hands

- 1x Fleece gloves or Mitts.

Footwear

- 3x Trekking socks.
- 1x Hiking boots.
- 1x Trail runners
- Refuge Shoes - crocs or sandals.

Sleeping

- 3 Season Sleeping Bag-optional.
- Blankets are provided by the lodges - therefore sleep bags are not needed.

Eating/Drinking

Summit Night

- 4x Energy Bars.
- Hydration tabs
- 2x 1 litre drink bottle

Electrical

- Power Bank
- Plugs are available in the Refuge for charging but in high demand.
- Camera, Music, Kindle etc.
- Spare Batteries and Camera Memory Card.
- Charging cables

Other

- Trekking poles
- Ear plugs
- Sun cream and lip Balm.
- Toiletries, including one roll of toilet paper.
- Trekking Towel.
- Small Lock for your Duffle Bag.
- Antibacterial hand gel.

Personal Medicines

- Paracetamol (Headache)
- Ibuprofen (Joint pain)
- Course of Antibiotics (ears throat Chest)
- Antiseptic Wipes
- Adhesive Plasters
- Blister Packs (Compeed)
- Insect Repellent

Personal first aid kit

TRAINING PLAN

Here is our suggested 12 week training program to climb Mt. Toubkal:

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday / Sunday
1	Run 30 min Zone 2	Strength Training	Hill repeats: 6 x 100mts	Long walk 1 hr	Run/bike 30 min HITT 10 x 1min each Zone 4 - 1min Zone 2 - 1min	Trekking on the mountains
2	Run 30 min Zone 2	Strength Training	Hill repeats: 6 x 100mts	Long walk 1 hr	Run/bike 30 min HITT 10 x 1min each Zone 4 - 1min Zone 2 - 1min	Trekking on the mountains
3	Run 30 min Zone 2	Strength Training	Hill repeats: 7 x 150mts	Long walk 1 hr	Run/bike 30 min HITT 10 x 1min each Zone 4 - 1min Zone 2 - 1min	Trekking on the mountains
4	Run 35 min Zone 2	Strength Training	Hill repeats: 7 x 200mts	Long walk 1 hr	Run/bike 30 min HITT 10 x 1min each Zone 4 - 1min Zone 2 - 1min	Trekking on the mountains
5	Run 35 min Zone 2	Strength Training	Hill repeats: 8 x 150mts	Long walk 1 hr	Run/bike 30 min HITT 12 x 1min each Zone 4 - 1min Zone 2 - 1min	Trekking on the mountains
6	Run 40 min Zone 2	Strength Training	Hill repeats: 8 x 200mts	Long walk 1 hr	Run/bike 30 min HITT 12 x 1min each Zone 4 - 1min Zone 2 - 1min	Trekking on the mountains
7	Run 40 min Zone 2	Strength Training	Hill repeats: 10 x 200mts	Long walk 1 hr	Run/bike 30 min HITT 12 x 1min each Zone 4 - 90 sec Zone 2 - 1min	Trekking on the mountains
8	Run 40 min Zone 2	Strength Training	Speed on flat 4 times 400 mts 2 times 800 mts	Long walk 1 hr	Run/bike 30 min HITT 12 x 1min each Zone 4 - 90 sec Zone 2 - 1min	Trekking on the mountains
9	Run 40 min Zone 2	Strength Training	Speed on flat 4 times 400 mts 2 times 800 mts	Long walk 1 hr	Run/bike 30 min HITT 12 x 1min each Zone 4 - 90 sec Zone 2 - 1min	Trekking on the mountains
10	Run 45 min Zone 2	Strength Training	Speed on flat 4 times 400 mts 2 times 800 mts	Long walk 1 hr	Run/bike 30 min HITT 12 x 1min each Zone 4 - 90 sec Zone 2 - 1min	Trekking on the mountains
11	Run 45 min Zone 2	Strength Training	Speed on flat 4 times 400 mts 2 times 800 mts	Long walk 1 hr	Run/bike 30 min HITT 12 x 1min each Zone 4 - 90 sec Zone 2 - 1min	Trekking on the mountains
12	Run 45 min Zone 2	Strength Training	Speed on flat 4 times 400 mts 2 times 800 mts	Long walk 1 hr	Run/bike 30 min HITT 12 x 1min each Zone 4 - 90 sec Zone 2 - 1min	Trekking on the mountains

Every training season must include 15min warm up and 15 to 20 min of cool down after training.

PASSPORTS, VISAS ENTRY REQUIREMENTS

PASSPORT

You'll need a valid passport to travel internationally and most countries require your passport to have a minimum of 6 months validity, so remember to check the expiry date.

We need your passport information to get everything ready for your trip so it's important that the information on your booking matches your passport exactly. Please take care to provide the correct details. We recommend carrying a copy of the photo page of your passport while travelling and leaving a copy at home with family or friends.

VISAS & ENTRY REQUIREMENTS

Available on arrival - you require a valid passport with a minimum 6 months validity. contact your local embassy, or consulate for the most up-to-date visa requirements.

FLIGHTS

Book your flights now - arrive / depart Marrakesh airport for the for the advertised dates. If you'd like to arrive earlier or staying later just let us know and I can book extra nights.

It is your responsibility to be on time for the climb. You will be picked at airport arrivals by your expedition leader and transported to your accommodation, Don't panic he will see you before you see him, just look out for the Jason black mountaineering sign.

Airport Transfer outside of the Itinerary will require an additional cost of €70

ARRIVAL COMPLICATIONS

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact us immediately at jason@jasonblack.ie

MEETING POINT INSTRUCTIONS

JBM will arrange your arrival transfer from the airport. Please advise your fight arrival details at least 14 days prior to your departure.

For your confirmed arrival transfer, you'll be met outside Marrakesh Airport (by a transfer representative holding a Jason Black Mountaineering sign.) In case of flight cancellations, changes, if you experience severe delays at immigration, baggage collection or customs, or if you are not able to reach the driver, please contact us directly) by email on jason@jasonblack.ie

Alternatively, if something goes drastically wrong you can take a taxi from the airport to your hotel. The price should be agreed before entering the vehicle and should be approximately MAD250 during daylight hours and MAD700 at night.

ACCOMMODATION

Our Basic Marrakesh Accommodation

Hotel Riad Omar

Address: 22, Rue Bab Agnaou, passage du prince moulay Rachid Medina., Rue Bab Agnaou, Marrakesh 40000, Morocco

Phone: +212 5244-45660

Our 5 Star Marrakesh Accommodation

Riad Kheirredine Marrakesh

Address: 2, Derb Chellgui, Sidi Ben Slimane,, Marrakesh 40000, Morocco

Phone: +212 5243-86364

ACCOMMODATION NOTES

- Mountain village accommodation 2 night
- Mountain refuge 1 nights

The style of accommodation indicated in the day-to-day itinerary is a guideline only and may change. On some occasions, alternative arrangements may need to be made due to the lack of availability of rooms in our preferred accommodation. In these cases, we will use a similar standard of accommodation.

Throughout the trip, we request that our properties prepare rooms in time for our arrival, especially if we're arriving prior to normal check-in time. however, this isn't always possible which means we wont be able to check-in immediately on arrival at some hotels. Instead, we can store our luggage and explore our new destination on our trips or have the use of a shared day room until all rooms are available.

We've sourced our accommodation very carefully and picked the best possible hotels in line with the Jason black mountaineering style of travel, but please note that service and accommodation in Morocco may be different to western standards.

Accommodation on this trip is on a share basis. Please note there may be times where facilities will be shared rather than en suite even if you paid for single room supplement.

Accommodation in base camp is simple but clean and atmospheric. you will be sharing a room with fellow trekkers and bedding is similar to a large bunk bed platforms, however, it is spacious and comfortable. Dining rooms and other facilities are also shared with other climbers.

Mountain huts on this trip have very limited heating options as this would be a major financial and environmental strain. It maybe also a case of energy supply and timing provisions, which is limited in some places. Please be prepared for cold nights and cold showers.

FOOD AND DIETARY REQUIREMENTS

While travelling with us you'll experience the vast array of wonderful food available in the world. Our expedition guide will be able to suggest restaurants to try during your trip. We encourage our teams to eat together to enable you to taste a larger variety of dishes and enjoy each others company. If you have dietary requirements and or food allergies, please let us know prior to departure.

Moroccan food is, generally speaking, excellent though not particularly varied. breakfasts usually consist of bread and ham with coffee or tea. Meals eaten out are reasonably priced – kebab and bread cost only about MAD 70 (€6.50). In main towns, it is possible to and very good French and Moroccan restaurants where a meal and French wine will cost anything from MAD 220 upwards.

Generally, dinner is likely to cost between MAD 80-120 depending on what you drink – so an estimate for food would be about MAD 150–200 a day. Soft drinks are available at very reasonable prices, but generally speaking, alcohol is not widely available in Morocco due for cultural and religious reasons. Still, in some hotels and restaurants, you will be able to purchase beer, wine and spirits, but you will pay foreign prices or more for imported alcohol. Please be aware of local laws, beliefs and traditions, and be very sensitive and respectful while consuming alcohol.

Vegetarians can be catered for but there is a fairly limited choice of vegetarian couscous and tagine or omelettes. This is particularly the case in rural parts of this itinerary. Please note that if you have any special dietary requirements you should inform us prior to the trip. Vegans and those on gluten-free diets may find this region very challenging and may need to supplement meals with their own supplies from supermarkets and markets.

MEALS INCLUDED ON THE TREK

Breakfast – Lunch – Dinner

Due to the remote nature of the accommodation there may be times when special dietary requirements may be very difficult.

May be best just to bring something you really love to bridge the nutritional gaps.

HYGIENE

Poor personal hygiene resulting in gastroenteritis (Delhi Belly) is the most common cause of illness on expeditions. The good news is that it is easily avoided if you remember to always wash your hands and apply hand sanitiser after going to the toilet and before touching food. Always use water fit for drinking to brush your teeth. While using showers or washing your face, try not to ingest any water. We recommend people eat as healthily as possible and take a multivitamin supplement and probiotics for one month prior to departure and during the expedition. This will help you adjust to changes in your diet and keep you healthy throughout the expedition.

TREKKING AT HIGH ALTITUDES

OVERVIEW

Our treks include strenuous activities at altitudes over 2500m and are suitable only for those in excellent health and fitness. With over 30 years of experience, we maintain a strong safety record. Proper training and preparation is crucial.

ALTITUDE SICKNESS (AMS)

Trekking above 2500m poses a risk of Acute Mountain Sickness (AMS), which can be life-threatening if untreated. Common symptoms include:

- Sleeplessness
- Loss of appetite
- Vivid dreams (2500-3800m)
- Shortness of breath
- Periodic breathing
- Blocked nose, dry cough, mild headache

If you experience nausea, dizziness, or other severe symptoms, inform your group leader immediately. Pre-existing conditions or medications may affect your ability to acclimatize. Consult your doctor before booking and discuss the use of Diamox for Acclimatisation.

SAFETY MEASURES

Our trips adhere to strict altitude safety measures, and our leaders are trained in First Aid. Descent will be arranged if continuing is deemed unsafe. Be aware that some ascents may exceed recommended rates, but our safety protocols ensure acceptable risks.

MEDICAL AND INSURANCE

Ensure your travel insurance covers high altitudes and helicopter evacuation. Carry proof of insurance for verification by your group leader.

WHAT DO I CARRY DAILY ON THE TREK

A 20 litre day pack is perfect to carry daily.

Each day will be a little bit different as to what goes inside it. Water bottles, rain gear, a few spare clothes, gloves and hat, sunscreen, snacks and camera equipment are all usual things to carry. The weight of your day pack should not be more than about 5-6 kgs; as you go higher, the weight will seem heavier and harder to carry. Trekking poles are also useful but you don't need to use them all the time.

Meanwhile your 15kg main duffle bag will be collected each morning outside your lodgings door and carried by the porters.

SAFETY

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your governments advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, cash and other valuable items. Leave your valuable jewellery at home - you wont need it while trekking. A lock is recommended for securing your luggage. When on expedition in a group trip, please note that our Jason Black Mountaineering guide has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Our guide will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your guide will assist you with options available in a given location please note that any optional activities you undertake that are not part of your itinerary, we will not take any responsibility about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on the trip are generally safe during the day, there can be risks to wandering throughout any major cities at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night-time excursions.

GENERAL SAFETY

Check your government's travel advice before departure and ensure your travel insurance covers all destinations and activities. Use a neck wallet or money belt for valuables, and leave jewelry at home. Many hotels offer safety deposit boxes. Secure your luggage with a lock.

GROUP ACTIVITIES

Your group leader will accompany you on included activities, but you'll have free time for personal pursuits. Optional activities are not part of the itinerary, so use good judgment when selecting them. The group leader can amend or cancel parts of the trip for safety reasons.

RULES

Illegal drugs will not be tolerated on any Jason Black Mountaineering trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking Marijuana and opium is a part of local culture in some parts of the world but is not acceptable on our expeditions. Our philosophy in adventure is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our guides have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

PETTY THEFT AND CRIME

Pickpocketing is common, especially in tourist areas. Be cautious at night, avoid walking alone, and don't carry large sums of cash. Use hotel safes for valuables. Bars and restaurants close at midnight. Increased police presence aims to reduce crime in tourist districts. Contact police if affected by crime.

GROUP GUIDE

All group trips are accompanied by one of our Jason black mountaineering group guide(s). The aim of the group guide is to take the hassle out of your travels and to help you have the best trip possible. Jason Black Mountaineering endeavours to provide the services of an experienced group guide however, due to the seasonality of travel, rare situations may arise where your group guide is new to a particular region or training other group guides.

Your group guide will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the places visited on the trip, including historical, cultural, religious, and social aspects. At Jason Black Mountaineering we aim to support guides who have specialised knowledge of the regions we visit. If you are interested in delving deeper into the local culture at a specific site or location then your group guide can recommend a local guide service in most of the main destinations of your trip.

GROUP Size (0-10)

We keep our group sizes small to make the experience personal not commercial.

COMMUNITY GUIDELINES

At Jason Black Mountaineering, we uphold a zero-tolerance policy towards violence, harassment (physical, verbal, or sexual), and disrespect towards fellow travelers, team members, or local communities. Group leader decisions are final for the wellbeing of all participants. Any behavior that disrupts the itinerary, breaks local laws, or violates these guidelines may lead to the denial of your booking or removal from the trip. For any concerns during your travels, contact your group leader immediately or email Jason@jasonblack.ie.

TRAVELLING ON A GROUP TRIP

Group trips offer unique pleasures and potential frustrations. Your group will likely be diverse in nationality and age. We ask for patience and understanding towards the varying needs and preferences of your fellow travelers. Timeliness and respect for group dynamics contribute significantly to a positive travel experience. Due to privacy reasons, we cannot provide contact details or personal information about fellow travelers before departure.

SOLO TRAVELLERS

Our travel style is ideal for solo travellers looking to meet like-minded people. Rooming is typically on a twin-share basis, pairing solo travellers with someone of the same gender as indicated on their passport. If your gender identity differs from your passport, please contact us to discuss rooming options. Single supplements are available on most trips for those who prefer their own room with an additional single supplement. Please advise us during booking.

MONEY MATTERS

The currency of Morocco is the dirham MAD (100 MAD is €10).

ATMs are widely available in all major towns and cities. Credit cards are useful for large purchases such as carpets or ceramics from large stores, but generally they are not widely accepted. Please ensure you only use banks, licensed money exchangers, or hotels. We also suggest you keep your receipts. Do not change money with street touts as this is illegal.

Changing money is easy and you will find banks and exchange bureaus in large cities. In the desert and Atlas Mountains opportunities to withdraw or exchange money are limited. When it comes to spending money on the trip, every traveller is a little different.

You know your own spending habits better than we do, so please budget an appropriate amount for things like optional meals, drinks, shopping, optional activities, and laundry. Make sure you have read the itinerary and inclusions thoroughly so you know what is included in the trip price and what you may need to pay for while travelling.

TIPPING

Tipping can be an appropriate way to recognise great service when travelling. While it may not be customary in your home country, it is an entrenched feature of the tourism industry across many of our destinations and is greatly appreciated by the people who take care of you during your travels. It is always best to avoid tipping with coins, very small denomination notes, or dirty and ripped notes, as this can be regarded as an insult rather than the goodwill gesture it is intended to be.

Please note at the end of the hike that you will be required to give €50pp or 500dm to your guide who will then distribute this to the cooks, porters & drivers.

Of course, you are free to tip more as you see fit, depending on your perception of service and quality of your trip.

Key Tips

- Carry sufficient cash outside main cities.
- Use new, clean currency notes.
- Prepare enough small denomination currency for treks.
- Exchange leftover currency before leaving Marrakesh.
- Budget for optional expenses and have contingency funds.
- Tip appropriately for good service.

ITINERARY DISCLAIMER

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our Journey will take us. Due to our style of adventure and the regions we visit, adventure can be unpredictable. The expedition document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered.

CANCELLATIONS

Deposits are non-refundable and cancellation terms vary, please see the specific booking conditions. If Jason Black Mountaineering cancel the trip you will receive a full refund including the deposit payment.

FORCE MAJEURE EVENT – OUTSIDE FORCE

We try to plan for every eventuality, but there are still some things beyond our control. We reserve the right to change an itinerary after departure due to local circumstances or a Force Majeure event. In such emergency circumstances, the additional cost of any necessary itinerary alterations will be covered by you. Please note we are not responsible for any incidental expenses that may be incurred as a result of the change of itineraries including but not limited to visas, vaccinations or non-refundable nights. Make sure you have access to an extra **€300-500** for emergencies e.g. severe weather, natural disasters, civil unrest, transport strikes or cancellations, airport closures or other events that result in unavoidable changes to the itinerary.

Sometimes these things necessitate last-minute changes to enable our trips to continue to run, and as a result, there may be some extra costs involved, but we will do everything to avoid this happening.

Jason Black Mountaineering will have your departure transfer to the airport arranged. Please advise your flight arrival details at least 14 days prior to the start of your trip.

If you have a confirmed departure transfer your leader will advise your pick up time the day before your trip ends. If our driver has not arrived within 70 minutes of the scheduled pick up time, or your departing flight is cancelled or changed, please contact your guide or us directly by email on jason@jasonblack.ie

However again in the event of something been badly wrong get a taxi - Taxi fare from your hotel to the airport will cost approximately MAD100 – MAD200 to prebook. If hailing a taxi on the street, the price should be agreed before entering the vehicle. Please ask your leader or hotel staff for assistance in arranging a taxi.

BOOKING & DEPOSITS

Our deposits are low with a percentage refund time policy to protect both parties. We are very flexible with final payment dates on a case by case basis (if required please contact us). We want to reassure clients that any money which is paid to the company for a trip is kept in a client account and not touched until the trip is due to depart. Cancellation of bookings must be notified to us by letter or email by the party leader as soon as possible. You're notice of cancellation will only be effective when it is received in writing by us. Except as set out in paragraph 8 below, the following cancellation charges will be payable. For more information about our refund terms, please visit [this link](#)

WHY JASON BLACK MOUNTAINEERING?

Jason Black Mountaineering is a boutique mountain guide service specialising in leading expeditions to climb the world's most famous peaks, notably "Mount Everest", "Amadablam" and all the worlds "Seven Summits".

As a part of our guided climbs, Jason Black Mountaineering provides the education and training for climbers who aspire to become self-sufficient, aware, and respectful of the local mountain culture, carers of the environment, and for whom safety is the number one priority in all climbing endeavours.

Our safety standard, mountain knowledge and adventure travel experience is exceptional. Our small group approach has huge advantages, including better guide to client ratio, reduced environmental impact and stronger team dynamic.

MORE INFORMATION

For trekking dates, and all the latest information about this expedition please visit:

[Mt. Toubkal Page](#)

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