BLACK MOUNTAINEERING

MT KAZBEK EXPEDITION

Eastern Georgia's Highest Mountain | South Side | 5,054m

GEAR LIST



LOCATION GEORGIA	DURATION 7 DAYS	ROUTE SOUTH SIDE
GRADE INTERMEDIATE	ALTITUDE 5,054M	DAILY ACTIVITY 8 HOURS

MANDATORY EQUIPMENT & LAYERING CHECKLIST

Kazbek is a high-altitude climb with glacier crossings and an early alpine start. Summit day is long and cold, so the insulation, gloves and boots on this list matter most.

All mandatory equipment must be expedition quality, fit correctly and have been tested before departure.

01 | BAGS

- [ ] 80-litre duffel bag (supplied by us)
- [ ] Expedition backpack 40L

02 | DOCUMENTS

- [ ] Passport (valid for 6 months)
- [ ] Debit / credit cards
- [ ] Insurance papers
- [ ] Photocopy of passport

03 | BASE LAYERS

- [ ] Merino wool underwear (4)
- [ ] Merino long-sleeve base layer (1)
- [ ] Merino long pants base layer (1)
- [ ] Short-sleeve T-shirt (2)

04 | MID LAYERS

- [ ] Fleece (1)
- [ ] Mid-weight hiking pants (1)

05 | WINDPROOF / RAIN LAYERS

- [ ] Hard shell jacket (1)
- [ ] Hard shell pants (1)

06 | INSULATION LAYERS

- [ ] Goose down jacket with hood (800+)
- [ ] Insulated pants
- [ ] Lite puffer jacket

MANDATORY EQUIPMENT & LAYERING CHECKLIST

07 | HEADWEAR & EYEWEAR

- [ ] Warm hat (1)
- [ ] Balaclava (1)
- [ ] Baseball cap (1)
- [ ] Buff (1)
- [ ] Cat 4 glacier glasses

08 | GLOVES

- [ ] Lightweight liner gloves
- [ ] Shell guide glove with insulated liner (7000m)
- [ ] Expedition mitts

09 | FOOTWEAR

- [ ] Wool or synthetic socks (3 pairs)
- [ ] **Double-skin mountaineering boots 6000:** Kailas / La Sportiva / Millet
- [ ] Trekking approach shoes
- [ ] **Refuge shoes:** Crocs or sandals

10 | SLEEPING

- [ ] Sleeping bag –20°C
- [ ] Earplugs

11 | MOUNTAINEERING GEAR

- [ ] Helmet (can rent)
- [ ] Crampons (can rent)
- [ ] Climbing harness (can rent)
- [ ] Head torch 500–700 lumens (2), with batteries or charging leads

MANDATORY EQUIPMENT & LAYERING CHECKLIST

12 | TRAVEL ITEMS

- [ ] Travel clothes
- [ ] Cash
- [ ] Visa card
- [ ] ATM card

13 | HUT CLOTHING

- [ ] Tracksuit (1)
- [ ] Sliders / sandals (1)

14 | FOOD

- [ ] Salty-sweet bars

15 | MEDICAL / FIRST AID

- [ ] Personal first-aid kit
- [ ] Compeed blister packs
- [ ] Sutures & steri-strips
- [ ] Ibuprofen
- [ ] Paracetamol
- [ ] Diamox 250mg (5 days)
- [ ] Medicated throat lozenges
- [ ] Medicated throat spray
- [ ] Azithromycin 500mg (antibiotic)
- [ ] Laxatives
- [ ] Imodium
- [ ] Mosquito repellent
- [ ] Menstrual products
- [ ] Electrolytes
- [ ] Nail cutter
- [ ] **Duct tape:** repair kit
- [ ] Hand & feet chemical warmers

MANDATORY EQUIPMENT & LAYERING CHECKLIST

16 | TOILETRIES

- [ ] Toilet paper
- [ ] Toothpaste & toothbrush
- [ ] Bio baby wipes (2)
- [ ] Soap
- [ ] Shampoo
- [ ] Shaver
- [ ] Towel
- [ ] Small nail brush
- [ ] **Sunscreen:** SPF 50
- [ ] **Lip screen:** SPF 30
- [ ] Aftersun

17 | ADDITIONAL ITEMS

- [ ] Trekking poles
- [ ] 1-litre water bottles (2)
- [ ] 1-litre pee bottle
- [ ] Female urination device (FUD)

18 | ELECTRONICS (OPTIONAL)

- [ ] Country-appropriate plug adapters
- [ ] Power bank
- [ ] Phone
- [ ] Charging leads

PRECISION. PROFESSIONALISM. PASSION.

Black Mountaineering Expedition Leadership

PRECISION
Safety & Security

Careful planning, proven logistics, acclimatisation & risk management.

PROFESSIONALISM
Expedition Leadership

Led by Jason Black — multiple Everest & K2 summiteer with more than two decades of high-altitude experience.

PASSION
Authentic Experience

Built on a lifelong passion for exploration, challenge and adventure.

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EXPEDITION PAGE
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